

# The Intermountain Specialized Abuse Treatment Centers Child/Victim Phase Program

## PROGRAM DESCRIPTION

ISAT offers a complete treatment program specialized for the child and adolescent victims of sexual abuse. Therapeutic intervention is a necessary process to successfully overcome the emotional trauma brought on by sexual abuse.

Too often, abuse affects more than just the victim. That is why the Child/Victim Phase Program is designed to involve not only the victim but various family members and those individuals affected by the abuse of the child or adolescent.

The success of the program is based on the involvement of the entire family. Throughout treatment, children and families are treated with dignity, respect and patience as they are assisted and directed in their healing process.

## PROGRAM COMPONENTS

- Individual Therapy
- Group Therapy
- Family Therapy



The program structure is comprised of 6 phases with goals and objectives in every phase. Individualized goal areas are also addressed.

The phases include the following:

- Therapeutic Alliance/Trauma Assessment
- Victim and Perpetrator Identification
- Creation of Positive Self-Image
- Breaking the Sexual Abuse Cycle
- Breaking the Trauma Bond
- Becoming a Survivor

## BASIC PROGRAM COSTS

### Insurance

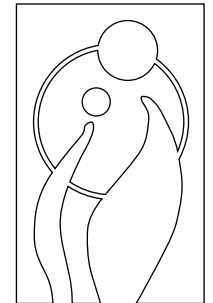
If your insurance provides coverage for ISAT therapy, it will help pay a portion of the rate. The remaining balance is based on a sliding fee scale.

### Self Pay

The Self Pay plan is based entirely on a sliding fee scale of each client's income.

### Contract Funds

Some contract funds are available. Please contact your nearest ISAT office for more information.

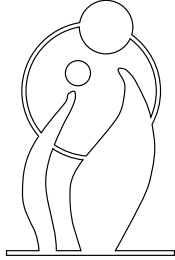


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## Intermountain Specialized Abuse Treatment Centers

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“In a healthy relationship,  
**love** and power must be experienced  
equally— and violence  
is **never** okay.”

### ISAT MISSION STATEMENT

Intermountain Specialized Abuse Treatment Center is a private, non-profit agency with a mission to provide specialized services to individuals and families affected by abuse, in order to help in the healing process and prevent future victimization.

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P.O. Box 3624  
Salt Lake City, UT 84110  
(801) 486-9805

1807 North 1120 West  
Provo, UT 84604  
(801) 373-0210

862 South Main, Suite 5  
Brigham City, UT 84302  
(435) 723-5126

3544 Lincoln Avenue, #8  
Ogden, UT 84403  
(801) 399-4002

360 South Fort Lane, Suite 2-B  
Layton, UT 84041  
(801) 547-9684

520 South Main, Suite C  
Cedar City, UT 84720  
(435) 586-5966

321 North Mall Drive  
Suite A101  
St. George, UT 84790  
(435) 628-8075

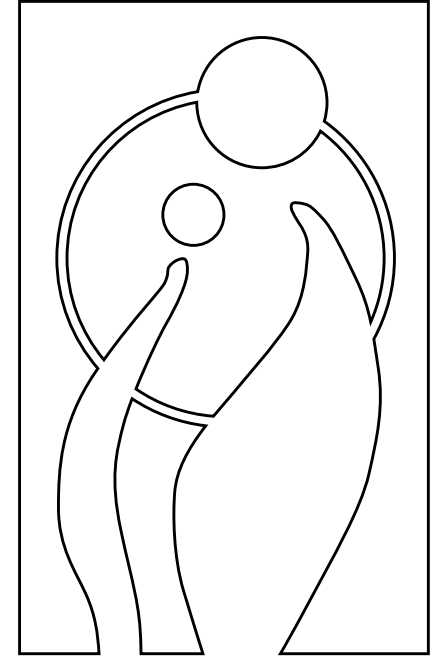
23 South Carbon, #10  
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Funded in part by the  
Utah State Department of Human Services,  
Utah State Department of Corrections  
and the United Way (in select offices).

[www.ISATcenter.org](http://www.ISATcenter.org)

CHILD/VICTIM PHASE PROGRAM



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